

1:1 (One on One) Discussion Points

Please provide brief, thoughtful answers to each of the following statements:

My challenges right now are... *(everything that may be frustrating, overwhelming, annoying or concerning you)*

The errors I have made this week are *(and I need help to correct them or I corrected them this way)*...

Specific clients I have delighted include... *(who and what did you do)*

I am contributing to positive workplace mental health in this way...

My co-workers have been helpful in this way...

I was most energized when doing this work...

Any other comments or contributions...