

1:1 (One on One) Discussion Points

Please provide brief, thoughtful answers to each of the following statements.

My challenges right now are:

(everything that may be frustrating, overwhelming, annoying or concerning you)

The errors I have made this week are:

(and I need help to correct them or I corrected them this way)...

Specific clients I have delighted include:

(who and what did you do)

I am contributing to positive workplace mental health in this way:

My co-workers have been helpful in this way:

I was most energized when doing this work:

Any other comments or contributions: